

The background of the slide features a light gray gradient. Scattered across the top and bottom are several realistic water droplets of various sizes, some with highlights and shadows. In the upper center, there is a faint, circular logo that appears to be the official seal of the State of Texas, featuring a five-pointed star in the center surrounded by a wreath and the words "THE STATE OF TEXAS".

WHY I DIDN'T QUIT

TAMARA MANCINI

AHEAD IN TEXAS BOARD MEMBER

HOUSEKEEPING

- A LITTLE ABOUT ME – TAMARA
- DEFINED OBJECTIVES
 - IDENTIFY AND ENGAGE SUPPORT NETWORKS: WHO ARE YOUR POTENTIAL CAMPUS CHAMPIONS, MENTORS, ALLIES, AND PEERS WITHIN THE FIELD? HOW DO YOU ENGAGE WITH THEM?
 - BUILD INCLUSIVE COMMUNITIES: WHAT SKILLS DO YOU ALREADY HAVE THAT WILL HELP YOU CREATE AND SUSTAIN A CIRCLE THAT PROVIDES SUPPORT AND FOSTERS A SENSE OF BELONGING AND RESILIENCE?
- END GOAL - IDENTIFY MEMBERS OF **YOUR** SUPPORT NETWORK!



ON THE OUTSIDE, LOOKING IN

- BACK STORY
 - HOW DOES YOUR INSTITUTION TREAT NEW PEOPLE?
 - HOW HAVE YOU TREATED NEW PEOPLE?
 - THE GOLDEN RULE - THE PRINCIPLE OF TREATING OTHERS AS ONE WOULD WANT TO BE TREATED BY THEM
 - EMPATHY – WALK A MILE IN “MY” SHOES
- 

CIRCLE OF TRUST IMAGE

CIRCLE OF

Trust



SKILLS YOU CARRY₁

RELATIONSHIP-BUILDING

- NETWORKING
- EMPATHY & UNDERSTANDING
- TRUST

EMOTIONAL INTELLIGENCE

- SHARED ADVOCACY
 - SUPPORT IN CONFLICT
 - SOCIAL AWARENESS
- 



SKILLS YOU CARRY₂

KNOWLEDGE SHARING

- RESOURCE EXCHANGE
- MENTORSHIP & GROWTH
- MUTUAL SUPPORT

LEADERSHIP

- COLLABORATIVE PLANNING
 - COMMUNICATION
 - IDENTIFY ADVOCATES
- 

SKILLS YOU CARRY₃

CONSISTENCY & COMMITMENT

- SHOW UP
- ENCOURAGE & ENGAGE
- ALLIANCE

MANAGE EXPECTATIONS

- CLARITY
- SET GOALS (BOUNDARIES)
- ADDRESS GAPS

WHO IS YOUR CHAMPION?

THE DEFINITION OF A CHAMPION IS SOMEONE WHO “SUPPORTS OR DEFENDS A PERSON, BELIEF, RIGHT OR PRINCIPLE ENTHUSIASTICALLY.”

AN ADVOCATE FOR YOUR WORK!

- WORK EXAMPLES:
 - COLLEAGUES ON CAMPUS
 - COLLEAGUES ACROSS THE STATE & BEYOND
- PERSONAL EXAMPLES:
 - SIGNIFICANT OTHER, PARENT, FRIEND
- EXAMPLES FROM THE AUDIENCE

**LIFE'S NOT ABOUT HOW HARD OF A HIT
YOU CAN GIVE...
IT'S ABOUT HOW MANY YOU CAN TAKE, AND STILL
KEEP MOVING FORWARD.**


- ROCKY BALBOA -






IMPORTANCE OF PEOPLE

A BOARD OF DIRECTORS – TRUSTED ADVISORS WHO GUIDE GROWTH

- ALLIES
 - WRITE ONE NAME DOWN
 - MENTORS
 - WRITE TWO NAMES DOWN
 - PEERS
 - WRITE THREE NAMES DOWN
 - WHO IS YOUR BOARD OF DIRECTORS?
- 



CAMPUS CONNECTIONS

- STAFF MEMBERS
 - FACULTY & ADMIN SUPPORT
 - GOOD EXAMPLES
 - BAD EXAMPLES TURNED GOOD
 - WHY?
 - STORY ABOUT TOBY
 - STORY ABOUT MORGAN
- 

AUTHENTIC CONNECTIONS

PRACTICAL STRATEGIES

- FIND YOUR PEOPLE
 - EMOTIONAL SUPPORT FRIENDS & COLLEAGUES
 - MAINTAIN RELATIONSHIPS THROUGH REGULAR CHECK-INS
- YOUR TEXT LIST (DO YOU ALREADY HAVE THIS? DISCUSSION)
- BUILDING YOUR GROUP (HOW HAVE YOU DONE THIS?)
- WHY?
 - SANITY – **WELLNESS**
 - RESILIENCE – **FLEXIBILITY** (AND GROWTH)
 - SENSE OF PURPOSE - **SOLIDARITY**

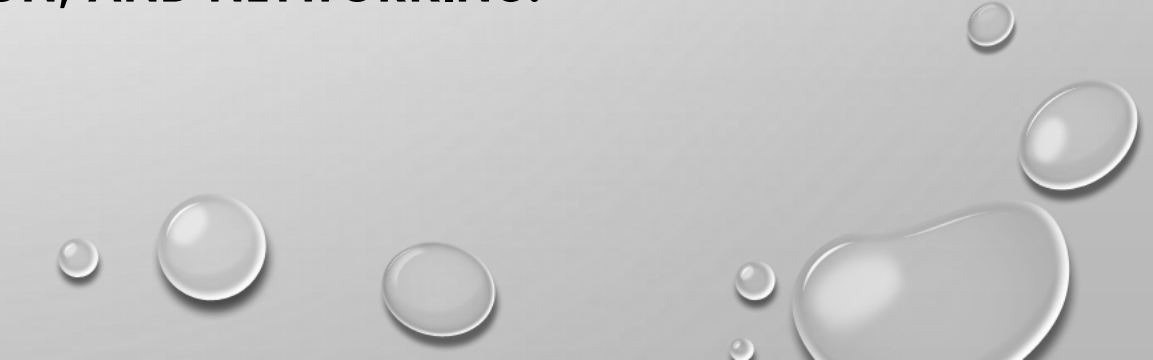
TALK TO YOUR NEIGHBOR





STAY THE COURSE – DON'T QUIT!

WHAT SHOULD YOU DO?

- ASK QUESTIONS
 - FIND HAPPINESS IN PEOPLE WITHIN YOUR WORKSPACE
 - LEAN ON COLLEAGUES ACROSS THE STATE, COUNTRY
 - SELF-CARE (WALKS, WORKOUTS, WINE)
 - **OFFER VALUE IN RETURN—SUPPORT, APPRECIATION, AND NETWORKING!**
- 



thank you

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